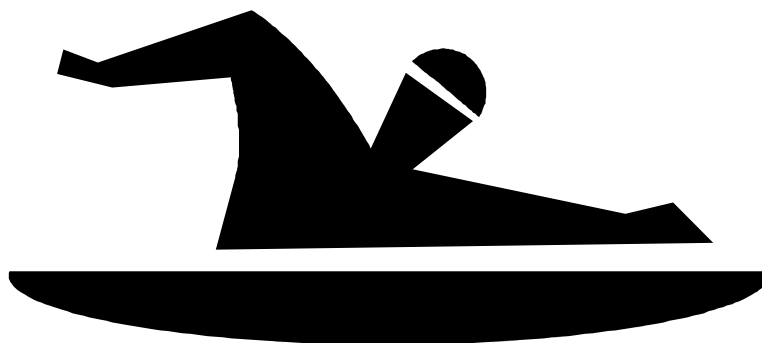


**34th ANNUAL
HEADS OF INDEPENDENT
CO-EDUCATIONAL SCHOOLS**

Junior Swimming Carnival

**Monday 9 March 2020
8.30am – 3.00pm**



SYDNEY OLYMPIC PARK AQUATIC CENTRE

HICES JUNIOR SWIMMING RULES

Welcome to the 2020 HICES junior swimming carnival. Congratulations to Macquarie Anglican and St Pauls Grammar who will be competing in Division 1 this year. Thank you to all parents and teachers who have travelled and are looking after teams today. We wish all competitors the best of luck.

Selection to the HICES Swim Team for CIS Championships

As an association, HICES can nominate a maximum of 3 swimmers per event for every event, so it is the fastest 3 swimmers across the 4 heats that will go through to CIS. The 4th fastest swimmer may be called upon as a reserve but is not required to attend the CIS championships unless called into the team.

1. JUDGES

All judges' decisions will be final.

2. ENTRIES AND DIVISIONS

There are two divisions of schools: Division 1: comprising the 8 stronger schools from 2019 results;
Division 2: comprising the other schools.

Year promotion and relegation occurs between the Divisions whereby the first two in Division 2 go to Division 1 for the next Carnival and the last 2 in Division 1 go to Division 2 for the next Carnival.

Where more than 1 competitor may enter an event, **the strongest swimmer must compete in Heat 1 event of your Schools division**

Open Events – Any age may compete in Open events.

Students must compete in one Division only.

Junior entrants may compete in Senior events but not both.

Athletes with Disabilities AWD – will compete in freestyle with able bodied competitors.

For all other strokes athletes will be entered into lane 0 or 9. Classifications for all athletes must be submitted prior to the carnival.

3. RESTRICTIONS ON ENTRANTS

There is no restriction on the number of events a competitor may enter.

4. AGE DIVISIONS

Child's age is age they have turned by or on 31st December in the calendar year of the competition.

Senior – 11 years and over.

Juniors – 10 years and under.

No competitor shall enter both junior and senior events, or in two age events, excluding relays.

Competitors must be currently enrolled and attending a HICES school from Year 2 to Year 6 (inclusive).

5. MARSHALLING

All swimmers in an event MUST be in the marshalling area prior to the first heat being conducted.

Competitors must wear their school swimming cap.

Parents, coaches and unauthorised persons are not allowed in the Marshalling area.

Once competitors are in the hands of the marshals they shall receive no coaching.

6. STARTING

Whistle to stand on back of block.

Take your mark.

Electronic Beep.

7. FALSE STARTS

ONE START RULE WILL APPLY

8. PLACE GETTERS

Place-getters will receive place batons from the judges and these must be taken to the recorders.

All competitors must remain in the pool until told to leave by the Chief Judge.

First four place-getters will receive a place ribbon.

9.

| Point Score | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| Races – Heat 1 | 12 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 |
| Races – Heat 2 | 11 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| Relays | 22 | 18 | 16 | 14 | 12 | 10 | 8 | 6 | 4 | 2 |

10. LANE DRAW

Schools will be allocated lanes by the coordinating School.

11. RELAYS

Will all be conducted over 50 metres.

Age relays – 4 x 50 metres

12. OFF STROKES

Breaststroke: Junior, 11 years, 12 years and over.

Backstroke: Junior, 11 years, 12 years and over.

100m Freestyle: Junior, 11 years, 12 years and over.

Butterfly: Junior, 11 years, 12 years and over.

13. REFEREE

Rules to be observed shall be in accordance with the International Body except where stated otherwise. The Referee shall be the sole arbiter in points under dispute. The referee shall be The H.I.C.E.S. Sports Co-ordinator or his/her nominee.

14. PROTESTS

Protests shall be dealt with by the Disputes Committee consisting of Carnival Manager, Referee and one other HICES Head or his/her nominee. No protest shall be considered unless lodged in writing by the Team Manager (who must be a teacher) with the Committee within 15 minutes of the conclusion of the event. Please note that no footage from phones or other devices will be accepted in a protest.

15. TIMING

Electronic timing and touch pads will be used.

Each lane will be timed and competitors told their time.

16. WINNER

The winner of any event is the person whom the judge agrees touched the wall first.

JUNIOR HICES SWIMMING CARNIVAL PROGRAM & RECORD

| | | | | | |
|-----|----------------------------------|---------------------------|-------------|-------------|--------------|
| 1. | GIRLS 12 YRS 50m FREESTYLE D2-H2 | <i>Emma McKeon</i> | <i>TIGS</i> | <i>2006</i> | <i>29.59</i> |
| 2. | GIRLS 12 YRS 50m FREESTYLE D2-H1 | | | | |
| 3. | GIRLS 12 YRS 50m FREESTYLE D1-H2 | | | | |
| 4. | GIRLS 12 YRS 50m FREESTYLE D1-H1 | | | | |
| 5. | GIRLS 13 YRS 50m FREESTYLE | | | | |
| 6. | GIRLS 11 YRS 50m FREESTYLE D2-H2 | <i>Emily Racki</i> | <i>SPG</i> | <i>2010</i> | <i>29.85</i> |
| 7. | GIRLS 11 YRS 50m FREESTYLE D2-H1 | | | | |
| 8. | GIRLS 11 YRS 50m FREESTYLE D1-H2 | | | | |
| 9. | GIRLS 11 YRS 50m FREESTYLE D1-H1 | | | | |
| 10. | GIRLS 10 YRS 50m FREESTYLE D2-H2 | <i>Hannah Morton</i> | <i>RED</i> | <i>2017</i> | <i>33.18</i> |
| 11. | GIRLS 10 YRS 50m FREESTYLE D2-H1 | | | | |
| 12. | GIRLS 10 YRS 50m FREESTYLE D1-H2 | | | | |
| 13. | GIRLS 10 YRS 50m FREESTYLE D1-H1 | | | | |
| 14. | GIRLS 9 YRS 50m FREESTYLE D2-H2 | <i>Piper-Lily Walker</i> | <i>CCGS</i> | <i>2011</i> | <i>35.63</i> |
| 15. | GIRLS 9 YRS 50m FREESTYLE D2-H1 | | | | |
| 16. | GIRLS 9 YRS 50m FREESTYLE D1-H2 | | | | |
| 17. | GIRLS 9 YRS 50m FREESTYLE D1-H1 | | | | |
| 18. | GIRLS 8 YRS 50m FREESTYLE D2-H2 | <i>Chonetelle Burgess</i> | <i>ASC</i> | <i>2018</i> | <i>40.10</i> |
| 19. | GIRLS 8 YRS 50m FREESTYLE D2-H1 | | | | |
| 20. | GIRLS 8 YRS 50m FREESTYLE D1-H2 | | | | |
| 21. | GIRLS 8 YRS 50m FREESTYLE D1-H1 | | | | |
| 22. | BOYS 12 YRS 50m FREESTYLE D2-H2 | <i>Harrison Williams</i> | <i>CCGS</i> | <i>2015</i> | <i>29.22</i> |
| 23. | BOYS 12 YRS 50m FREESTYLE D2-H1 | | | | |
| 24. | BOYS 12 YRS 50m FREESTYLE D1-H2 | | | | |
| 25. | BOYS 12 YRS 50m FREESTYLE D1-H1 | | | | |
| 26. | BOYS 13 YRS 50m FREESTYLE | <i>Anthony Powell</i> | <i>NOG</i> | <i>2008</i> | <i>31.49</i> |
| 27. | BOYS 11 YRS 50m FREESTYLE D2-H2 | <i>Alex Gahar</i> | <i>MACS</i> | <i>2002</i> | <i>30.29</i> |
| 28. | BOYS 11 YRS 50m FREESTYLE D2-H1 | | | | |
| 29. | BOYS 11 YRS 50m FREESTYLE D1-H2 | | | | |
| 30. | BOYS 11 YRS 50m FREESTYLE D1-H1 | | | | |
| 31. | BOYS 10 YRS 50m FREESTYLE D2-H2 | <i>Evan Streater</i> | <i>TIGS</i> | <i>1996</i> | <i>32.32</i> |
| 32. | BOYS 10 YRS 50m FREESTYLE D2-H1 | | | | |
| 33. | BOYS 10 YRS 50m FREESTYLE D1-H2 | | | | |
| 34. | BOYS 10 YRS 50m FREESTYLE D1-H1 | | | | |
| 35. | BOYS 9 YRS 50m FREESTYLE D2-H2 | <i>Andrew Brand</i> | <i>CCG</i> | <i>1995</i> | <i>34.16</i> |
| 36. | BOYS 9 YRS 50m FREESTYLE D2-H1 | | | | |
| 37. | BOYS 9 YRS 50m FREESTYLE D1-H2 | | | | |
| 38. | BOYS 9 YRS 50m FREESTYLE D1-H1 | | | | |

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| 39. | BOYS 8 YRS 50m FREESTYLE D2-H2 | <i>Blake Szumski</i> | BAS | 2001 | 37.43 |
| 40. | BOYS 8 YRS 50m FREESTYLE D2-H1 | | | | |
| 41. | BOYS 8 YRS 50m FREESTYLE D1-H2 | | | | |
| 42. | BOYS 8 YRS 50m FREESTYLE D1-H1 | | | | |
| 43. | FREESTYLE Multiclass | <i>Abbie Smith</i> | CCG | 2018 | 1:02.54 |
| 44. | GIRLS 12+ YRS 50m BREASTSTROKE D2-H2 | <i>Mikaela Middleton</i> | HG | 2007 | 37.56 |
| 45. | GIRLS 12+ YRS 50m BREASTSTROKE D2-H1 | | | | |
| 46. | GIRLS 12+ YRS 50m BREASTSTROKE D1-H2 | | | | |
| 47. | GIRLS 12+ YRS 50m BREASTSTROKE D1-H1 | | | | |
| 48. | GIRLS 11 YRS 50m BREASTSTROKE D2-H2 | <i>Lucy Wild</i> | CCG | 2002 | 39.21 |
| 49. | GIRLS 11 YRS 50m BREASTSTROKE D2-H1 | | | | |
| 50. | GIRLS 11 YRS 50m BREASTSTROKE D1-H2 | | | | |
| 51. | GIRLS 11 YRS 50m BREASTSTROKE D1-H1 | | | | |
| 52. | GIRLS Junior 50m BREASTSTROKE D2-H2 | <i>Alex Chang</i> | PHS | 1994 | 43.08 |
| 53. | GIRLS Junior 50m BREASTSTROKE D2-H1 | | | | |
| 54. | GIRLS Junior 50m BREASTSTROKE D1-H2 | | | | |
| 55. | GIRLS Junior 50m BREASTSTROKE D1-H1 | | | | |
| 56. | BOYS 12+ YRS 50m BREASTSTROKE D2-H2 | <i>Matt Berry</i> | MACS | 2002 | 40.16 |
| 57. | BOYS 12+ YRS 50m BREASTSTROKE D2-H1 | | | | |
| 58. | BOYS 12+ YRS 50m BREASTSTROKE D1-H2 | | | | |
| 59. | BOYS 12+ YRS 50m BREASTSTROKE D1-H1 | | | | |
| 60. | BOYS 11 YRS 50m BREASTSTROKE D2-H2 | <i>Dennis Wong</i> | PHS | 1992 | 41.96 |
| 61. | BOYS 11 YRS 50m BREASTSTROKE D2-H1 | | | | |
| 62. | BOYS 11 YRS 50m BREASTSTROKE D1-H2 | | | | |
| 63. | BOYS 11 YRS 50m BREASTSTROKE D1-H1 | | | | |
| 64. | BOYS Junior 50m BREASTSTROKE D2-H2 | <i>Noah Maggs</i> | PHS | 2018 | 44.46 |
| 65. | BOYS Junior 50m BREASTSTROKE D2-H1 | | | | |
| 66. | BOYS Junior 50m BREASTSTROKE D1-H2 | | | | |
| 67. | BOYS Junior 50m BREASTSTROKE D1-H1 | | | | |
| 68. | GIRLS 12+ YRS 50m BACKSTROKE D2-H2 | <i>Sienna McDonald</i> | WCC | 2012 | 35.12 |
| 69. | GIRLS 12+ YRS 50m BACKSTROKE D2-H1 | | | | |
| 70. | GIRLS 12+ YRS 50m BACKSTROKE D1-H2 | | | | |
| 71. | GIRLS 12+ YRS 50m BACKSTROKE D1-H1 | | | | |
| 72. | GIRLS 11 YRS 50m BACKSTROKE D2-H2 | <i>Annabel Hopkins</i> | CCG | 2008 | 35.97 |
| 73. | GIRLS 11 YRS 50m BACKSTROKE D2-H1 | | | | |
| 74. | GIRLS 11 YRS 50m BACKSTROKE D1-H2 | | | | |
| 75. | GIRLS 11 YRS 50m BACKSTROKE D1-H1 | | | | |
| 76. | GIRLS Junior 50m BACKSTROKE D2-H2 | <i>Kim Rashleigh</i> | SPG | 2000 | 40.44 |
| 77. | GIRLS Junior 50m BACKSTROKE D2-H1 | | | | |
| 78. | GIRLS Junior 50m BACKSTROKE D1-H2 | | | | |
| 79. | GIRLS Junior 50m BACKSTROKE D1-H1 | | | | |

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| 80. | BOYS 12+ YRS 50m BACKSTROKE D2-H2 | <i>Oliver McLaughlin</i> | <i>KWS</i> | <i>2015</i> | <i>34.31</i> |
| 81. | BOYS 12+ YRS 50m BACKSTROKE D2-H1 | | | | |
| 82. | BOYS 12+ YRS 50m BACKSTROKE D1-H2 | | | | |
| 83. | BOYS 12+ YRS 50m BACKSTROKE D1-H1 | | | | |
| 84. | BOYS 11 YRS 50m BACKSTROKE D2-H2 | <i>Ryan Johnson</i> | <i>CCG</i> | <i>1998</i> | <i>35.68</i> |
| 85. | BOYS 11 YRS 50m BACKSTROKE D2-H1 | | | | |
| 86. | BOYS 11 YRS 50m BACKSTROKE D1-H2 | | | | |
| 87. | BOYS 11 YRS 50m BACKSTROKE D1-H1 | | | | |
| 88. | BOYS Junior 50m BACKSTROKE D2-H2 | <i>Ryan Johnson</i> | <i>CCG</i> | <i>1997</i> | <i>39.46</i> |
| 89. | BOYS Junior 50m BACKSTROKE D2-H1 | | | | |
| 90. | BOYS Junior 50m BACKSTROKE D1-H2 | | | | |
| 91. | BOYS Junior 50m BACKSTROKE D1-H1 | | | | |
| 92. | GIRLS 12+ YRS 100m FREESTYLE D2-H1 | <i>Emma McKeon</i> | <i>TIGS</i> | <i>2006</i> | <i>1:06.59</i> |
| 93. | GIRLS 12+ YRS 100m FREESTYLE D1-H1 | | | | |
| 94. | GIRLS 11 YRS 100m FREESTYLE D2-H1 | <i>Emily Racki</i> | <i>SPG</i> | <i>2010</i> | <i>1:07.29</i> |
| 95. | GIRLS 11 YRS 100m FREESTYLE D1-H1 | | | | |
| 96. | GIRLS Junior 100m FREESTYLE D2-H1 | <i>Hannah Morton</i> | <i>RED</i> | <i>2017</i> | <i>1:14.60</i> |
| 97. | GIRLS Junior 100m FREESTYLE D1- H1 | | | | |
| 98. | BOYS 12+ YRS 100m FREESTYLE D2 | <i>Harrison Williams</i> | <i>CCGS</i> | <i>2015</i> | <i>1:05.20</i> |
| 99. | BOYS 12+ YRS 100m FREESTYLE D1 | | | | |
| 100. | BOYS 11 YRS 100m FREESTYLE D2-H1 | <i>Shaun Greenblo</i> | <i>ES</i> | <i>1997</i> | <i>1:08.18</i> |
| 101. | BOYS 11 YRS 100m FREESTYLE D1-H1 | | | | |
| 102. | BOYS Junior 100m FREESTYLE D2-H1 | <i>Andrew Brand</i> | <i>CCG</i> | <i>1996</i> | <i>1:13.37</i> |
| 103. | BOYS Junior 100m FREESTYLE D1-H1 | | | | |
| 104. | GIRLS 12+ YRS 50m BUTTERFLY D2-H2 | <i>Jenny McDonald</i> | <i>HG</i> | <i>2001</i> | <i>32.65</i> |
| 105. | GIRLS 12+ YRS 50m BUTTERFLY D2-H1 | | | | |
| 106. | GIRLS 12+ YRS 50m BUTTERFLY D1-H2 | | | | |
| 107. | GIRLS 12+ YRS 50m BUTTERFLY D1-H1 | | | | |
| 108. | GIRLS 11 YRS 50m BUTTERFLY D2-H2 | <i>Jenny McDonald</i> | <i>HG</i> | <i>2000</i> | <i>33.52</i> |
| 109. | GIRLS 11 YRS 50m BUTTERFLY D2-H1 | | | | |
| 110. | GIRLS 11 YRS 50m BUTTERFLY D1-H2 | | | | |
| 111. | GIRLS 11 YRS 50m BUTTERFLY D1-H1 | | | | |
| 112. | GIRLS Junior 50m BUTTERFLY D2-H2 | <i>Ruby Thorne</i> | <i>ASC</i> | <i>2018</i> | <i>36.90</i> |
| 113. | GIRLS Junior 50m BUTTERFLY D2-H1 | | | | |
| 114. | GIRLS Junior 50m BUTTERFLY D1-H2 | | | | |
| 115. | GIRLS Junior 50m BUTTERFLY D1-H1 | | | | |
| 116. | BOYS 12+ YRS 50m BUTTERFLY D2-H2 | <i>Michael Malouf</i> | <i>CCG</i> | <i>2001</i> | <i>32.52</i> |
| 117. | BOYS 12+ YRS 50m BUTTERFLY D2-H1 | | | | |
| 118. | BOYS 12+ YRS 50m BUTTERFLY D1-H2 | | | | |
| 119. | BOYS 12+ YRS 50m BUTTERFLY D1-H1 | | | | |

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|--|---------------------|------------|-------------|----------------|
| 120. BOYS 11 YRS 50m BUTTERFLY D2-H2 | <i>Ryan Johnson</i> | <i>CCG</i> | <i>1998</i> | <i>33.22</i> |
| 121. BOYS 11 YRS 50m BUTTERFLY D2-H1 | | | | |
| 122. BOYS 11 YRS 50m BUTTERFLY D1-H2 | | | | |
| 123. BOYS 11 YRS 50m BUTTERFLY D1-H1 | | | | |
| 124. BOYS Junior 50m BUTTERFLY D2-H2 | <i>Andrew Brand</i> | <i>CCG</i> | <i>1996</i> | <i>36.02</i> |
| 125. BOYS Junior 50m BUTTERFLY D2-H1 | | | | |
| 126. BOYS Junior 50m BUTTERFLY D1-H2 | | | | |
| 127. BOYS Junior 50m BUTTERFLY D1-H1 | | | | |
| 128. GIRLS OPEN 'A' 4 x 50m RELAY D2 | | <i>CCG</i> | <i>2008</i> | <i>2:15.02</i> |
| 129. GIRLS OPEN 'A' 4 x 50m RELAY D1 | | | | |
| 130. BOYS OPEN 'A' 4 x 50m RELAY D2 | | <i>MOR</i> | <i>2000</i> | <i>2:11.15</i> |
| 131. BOYS OPEN 'A' 4 x 50m RELAY D1 | | | | |
| 132. GIRLS 9/10 YRS 4 x 50m RELAY D2 | | <i>CCG</i> | <i>2006</i> | <i>2:27.70</i> |
| 133. GIRLS 9/10 YRS 4 x 50m RELAY D1 | | | | |
| 134. BOYS 9/10 YRS 4 x 50m RELAY D2 | | <i>SL</i> | <i>2002</i> | <i>2:08.04</i> |
| 135. BOYS 9/10 YRS 4 x 50m RELAY D1 | | | | |
| 136. Girls/Boys All Age 8 x 50m RELAY D2 (no points) | | | | |
| 137. Girls/Boys All Age 8 x 50m RELAY D1 (no points) | | | | |

Note: All age relay comprises of 8 swimmers, 4 boys and 4 girls, one boy and one girl from each of these age groups 8/9yrs, 10yrs, 11yrs, 12yrs

INDIVIDUAL MEDLEYS

As these events are no longer swum at HICES, Schools will need to submit times that have been swum in a 50m pool. Qualifying times for Senior Boys and Girls IM need to be less than 3.00 minutes and Junior Boys and Girls less than 3.30 minutes. Please submit these times via email to Tristan.jones@hillsgrammar.nsw.edu.au by Wednesday 4 March 2020.

CHANGE OF FORMAT 2020

No change in format from 2019